

## LIGHT OF LIFE RESCUE MISSION



**Prayer Needs:** Light of Life provides a home for the homeless and food for the hungry, making disciples among the poor, addicted, and abused of Pittsburgh.

- Pray for those participating in Light of Life's programs.
- Pray for Light of Life, for effectiveness in their ministry.
- Pray for the homeless and marginalized in Pittsburgh that could find hope in Christ.
- Pray about how your group could join in God's work through Light of Life.

### Descriptions of Volunteer Opportunities:

**Collect items to meet specific needs** – *One-time or occasional need* – Light of Life has ongoing needs for toiletry items, clothing, and gift cards as well as other needs at specific times. After connecting with Light of Life to determine most critical needs, your group could collect donations and deliver them to the shelter.

**Volunteer for one-time events** – *One-time or occasional need* – Throughout the year, Light of Life coordinates several special events including Tunch & Wolf's Walk for the Homeless and the Yinzer 5k. These events often require larger numbers of volunteers and are a great way for groups to serve together.

**Organize donations or clean at Light of Life** – *One-time or occasional need* – Light of Life frequently receives large quantities of donated goods. Groups can help by sorting and organizing these donations. There are also ongoing cleaning needs at the facility where groups can help.

**Participate in a block cleanup on the North Side** – *One-time or occasional need* – Light of Life coordinates periodic "Adopt the Block" events on the Northside. Groups can participate in these events and help to make a difference in the community around the mission.

**Help prepare and/or serve a meal once a month** – *Daily need; opportunity for monthly commitment* – Light of Life serves both breakfast and dinner on a daily basis. There are opportunities to serve meals each morning and evening as well as opportunities to assist with food preparation during the day. Participating in the daily meals can be a great monthly or weekly way for a group to serve, but you can start with a single meal.

**Socialize with shelter guests one evening per month** – *Daily need; opportunity for monthly commitment* – Guests at the rescue mission often gather in advance of dinner. Groups or individuals can greet them and spend time socializing each evening. Whether playing a game or just talking, this can be a great way to build relationships and provide encouragement. As with meal prep and service, this can be something your group does once that leads to a monthly or weekly commitment.

**Prayer Commitment** – *Ongoing need* – “Pray in the Spirit at all times, with every kind of prayer and petition” (Ephesians 6:18). Commit to praying for Light of Life on a weekly or monthly basis as a group. Ask your group members to include Light of Life in their regular individual prayer time.

**Participate monthly or weekly in tutoring** – *Weekly need; opportunity for monthly commitment* Several of the clients of Light of Life are advancing their education, seeking their GED or a post-secondary degree. Groups or individuals can participate in weekly tutoring sessions, helping in math, reading, writing, science, or computer skills. Additionally, there are opportunities to tutor children through Light of Life’s women and children’s program.

**Mentor a person who has completed Light of Life’s program** – *Weekly/monthly commitment* When a client is 6-9 months into Light of Life’s program, they are matched with a mentor from the community. A mentor spends at least 4 hours a month with the individual doing things like going out to coffee, talking on the phone, taking walks, etc. During the year there are outings arranged through Light of Life for the individuals and their mentors such as going to Pirates baseball games, bowling, etc. This is at least a 1-year commitment with on-going support for mentors.

**Contact Information:** For comprehensive information about these and other opportunities to serve at Light of Life, please visit <https://www.lightoflife.org/get-involved/volunteer/> or contact Volunteer Coordinator Brenna Gallagher: [bgallagher@lightoflife.org](mailto:bgallagher@lightoflife.org) or 412-258-6128.